

Winning the Breast Cancer Battle: Empowering Warriors and Guiding Loved Ones
By Karen Iverson

Questions for the Plastic Surgeon

Here are some questions you can ask your plastic surgeon:

-How many reconstruction surgeries have you done? Can I see imaged of your work? Can I speak to other patients? _____

-Are you in my network? What will my expenses be if you're not? _____

-What are my reconstruction options? _____

-What will my follow-up schedule be like with you after surgery? _____

-How long will I be in the hospital? _____

-Can you explain to me what the recovery process is and how long recovery takes? How much help will I need at home after surgery? Will driving be restricted? For how long? _____

-How long will the pain last? Can I pick up pain pills in advance? Will they affect my digestive track and cause constipation or diarrhea? What about anxiety the night before or the day of surgery? And what do I do about medications I normally take the day of the surgery and when I'm in the hospital? _____

-How many drains am I likely to have? Do you provide drainage camisoles or shirts to hold the drains? How do I care fir the drains? _____

-Will I have any feeling in my breast(s), nipple(s)? _____

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Questions for the Plastic Surgeon

-What is the risk of infection or rejection? _____

-Am I restricted in what type of bra I wear? _____

-I live on the second floor—are stairs a problem ? _____

-How can I tell if I have an infection or my implant has ruptured and leaked? And, what do I do if I suspect it has? _____

-Additional Question #1: _____

-Additional Question #2: _____

-Additional Question #3: _____

-Notes: _____
